

Passover Product Supplement

2017 (5777)

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We hope this Passover product supplement will help your preparations for a wonderful holiday. Please contact Rabbi Rabinowitz with Passover questions at (781) 322-5191 or (781) 223-1471 or rabbi@bethisraelmalden.org.

This supplement is not meant to be exhaustive or complete. *For Passover 2017 (5777) use only.*

Information regarding shopping for Passover, how to clean and kasher appliances and utensils for Passover, setting up the Seder plate, the Passover schedule, and more, are in our Annual Halacha Guidebook, beginning on Page 19. If you would like a guidebook, please contact the office at 781-322-5686 or find it on our website at BethIsraelMalden.org

Section 1: Resources for Kosher for Passover lists and information

Have questions? Please call the rabbi.

Websites:

Kashrut.com	This website has many links to Passover product lists, including downloads for the OU and the Star-K Passover Guide (without the medicine and cosmetics list).
Oupassover.org	Orthodox Union
Star-k.org	Star-K certification, Baltimore, MD
crcweb.org	Chicago Rabbinical Council

Phone Numbers:

KVH (Rabbi Zalman Krems)	617-396-7496
OU	212-613-8241
Star-K	410-484-4110
CRC	773-465-3900

Passover Guides: *(available at the Israel Book Shop)*

Star-K Passover Directory
The Laws of Pesach: a Digest by Rabbi Avrohom Blumencrantz
OU Guide to Passover

Section 2: Non Food Products - Permissible without Passover Certification

A

Adhesive Bandages
Air freshener - solid
Alcohol - isopropyl
Aluminum products including foils and pans
Ammonia

B

Baby powder- any, as long as oat flour is not listed as an ingredient
Baby ointment and oil
Baby wipes - without alcohol
Baking soda
Balloons-without powder
Bags
 plastic - all
 paper - cold use only
Band aids
Bicarbonate of soda
Bleach
Bleach wipes
Braces - wax; rubber bands should be washed before being placed in your mouth

C

Cardboard
Candles
Carpet cleaner
Charcoal briquets (including flavored, easy-light, and "plain")
Cheese cloths
Coffee filters
Contact lens solution
Contact paper

Copper and metal cleaners
Cork
Crock pot liner
Cups
 plastic, styrofoam – all
 waxed or plastic coated paper - cold use only
Cupcake holders
Cutlery, plastic -all

D

Dental floss or tape - unflavored (waxed or unwaxed)
Dentures
Dishwashing soap and detergents - all
Drain openers

E

Eye drops

F

Fabric protector, softener
Furniture polish

G

Glass cleaners
Gloves - Rubber (latex)
 - Powder free
 - If they contain powder do not use near food
 - If they are not marked, check by turning the glove inside out and rub on dark clothing
Glue- All Crazy Glue, Elmer's and Ross Glue products.

H

Hydrogen peroxide
Hand sanitizer - any without alcohol

I

- Ink
- Insecticide spray (insect/rodent traps may contain, and should be put away with, chametz)

J

- Jewelry polish

L

- Laundry detergent

M

- Mineral oil

N

- Napkins

O

- Oven cleaner
- Orthodontics- wash rubber bands before placing them in your mouth

P

- Paint
- Paper towels
- Paraffin
- Parchment paper - needs Passover certification*
- Petroleum jelly

- Plastic wrap
- Plastic containers
- Plates
- Paper
- Plastic
- Styrofoam

S

- Scouring pads/powders
- Shoe polish
- Silver polish
- Stain remover
- Styrofoam

T

- Tableclothes - clear plastic, non powdered
- Tissues
- Toilet bowl cleaner
- Toothpicks - unflavored and uncolored
- Tub cleaner

W

- Water filters
- Wax paper
- Wood chips

Beware! - Playdough contains chametz. Store it with chametz and sell.

Section 3: Cosmetics and toiletries

3A - Items that may be used regardless of the ingredients they contain

If you prefer to be stricter with these items, consult the Star-K Passover directory and The Laws of Pesach: a Digest by Rabbi Avrohom Blumenkrantz.

- Blush
- Body soap
- Body wash
- Conditioners
- Creams
- Deodorant/Antiperspirant - stick, gel, powder
- Eye shadow
- Eyeliners
- Face powder
- Foot powder
- Foundations
- Hair gel
- Ink
- Lotions
- Mascara

- Nail polish
- Nail polish remover
- Ointments
- Paint
- Shampoo

3B - Items that need to be Chametz Free

- Colognes
- Deodorants/antiperspirant -liquid or spray
- Hair Mousse
- Hairspray
- Lipstick
- Mouthwash (all Scope Mouthwash is acceptable)
- Perfumes
- Shaving lotions
- Toothpaste (all Aim, Colgate, and Ultrabrite are acceptable)
- Wipes

Consult the Passover guides and websites listed above for acceptable Passover products. For assistance call the Rabbi at (781) 223-1471.

Section 4: Medications on Passover

All pill medication that you swallow is permitted.

If you prefer to be stricter with these items, consult the Star-K Passover directory and The Laws of Pesach: a Digest by Rabbi Avrohom Blumenkrantz.

Vitamins and food supplements

do not qualify as medications and require Passover supervision. If a doctor prescribes a vitamin which does not have Passover supervision, speak with your doctor and Rabbi.

Liquid and chewable medications

may contain chametz. Consult the Passover lists found in the Passover guides or websites listed above.

- If it may contain chametz, only use it under the direction of a doctor and Rabbi. **Important** - *Do not discontinue the use of any medication without consulting with your doctor and Rabbi.*

- If it contains kitniyot, consume it only if you are ill.

- You may only relieve a minor discomfort with liquid or chewable medicine if it does not contain kitniyot.

Medications that are not needed

should be put away along with chametz items.

Section 5: Food Products

- Check Passover lists when Passover certification is required.
- Always use clean, unopened products for Passover.

Note for using this Supplement:

When we write that a product:

“May be used” - means it does not need special Passover certification. However, this does not impact the year round kosher certification that it might need.

“Needs Passover certification” - means the packaging must bear a kosher for Passover symbol or be certified as kosher for Passover by a reliable Kashrut agency even without the kosher for Passover symbol.

You can find this information in the resources listed above.

Please contact the Rabbi with any questions or to clear up any ambiguity.

A

Alcoholic beverage - requires Passover certification

Apple juice (including concentrate) - requires Passover certification

B

Baby Food - requires Passover certification

Baby formula - many brands are acceptable for use. Most contain kitniyot which an infant may eat. Therefore, prepare and clean bottles away from Passover sink and dishes.

Baby Carrots - raw with no additives may be used

Baking Powder - requires Passover certification

C

Candy (and other sweets) - requires Passover certification.

Cheese - requires Passover certification.

Chocolate - requires Passover certification.

Chocolate syrup - requires Passover certification.

Cocoa

All 100% pure, if not processed in Europe, may be used.

Hershey's cocoa is acceptable except for Special Dark.

Coconut - shredded - requires Passover certification if sweetened or flavored. Unsweetened and unflavored does not.

Coffee

All decaffeinated, flavored and instant - require Passover certification.

K-cups require Passover certification.

Plain, unflavored, and not decaffeinated beans do not require Passover certification.

A coffee grinder must be cleaned before using for Pesach.

Folgers regular and decaffeinated unflavored instant and Tasters Choice regular unflavored instant are kosher for Passover without a Passover symbol. Buy a new one for Passover.

Maxwell House must have a kosher for Passover symbol.

Check Star-K and OU guides for other brands acceptable for Passover.

Coffee whitener - requires Passover certification

Cooking oil/ cooking oil spray and cooking wine - requires Passover certification.

D

Dairy products - requires Passover certification.

Dates - requires Passover certification (because of the glaze).

Dried fruit - requires Passover certification.

Dill leaves (not seeds) - may be used.

E

Eggs

Whole, raw eggs should be purchased before Passover.
Cooked or liquid need Passover certification.

F

Fish

Fresh fish may be used.

Canned, frozen, or processed fish requires Passover certification.

Fruit

Fresh may be used

All frozen that are uncooked, unsweetened and without additives (syrup, citric acid, ascorbic acid or vitamin C) are acceptable.

Canned, cooked, dried or sweetened require Passover certification.

G

Garlic

Fresh may be used

Peeled (in jars or canned) requires Passover certification.

Gum - requires Passover certification.

H

Honey- requires Passover certification.

Horseradish- raw may be used, prepared requires Passover certification.

I

Ice - plain water, bagged may be used.

J

Jelly - requires Passover certification.

Jam - requires Passover certification.

Juice

Frozen orange juice or white grapefruit, 100% pure without sweeteners, additives, preservatives, or enrichments (e.g. calcium) may be used.

Other concentrates and all fresh juices (apple, grape, etc) require Passover certification.

K

Ketchup - requires Passover certification.

L

Lactaid - Lactaid milk may be used if purchased before Passover.

Chewable pills may not be used. Non- chewable pills may be used.

Lemon juice (including concentrate) - requires Passover certification.

RealLemon Juice, reconstituted, may be used.

Liquor - requires Passover certification.

M

Margarine- requires Passover certification.

Matzah - requires Passover certification.

Mayonnaise- requires Passover certification.

Meat and Poultry

Fresh or frozen raw meat and poultry in their original packaging with regular kosher certification may be used.

Ground, cooked, or repackaged requires Passover certification.

Milk - Should have Passover certification. Where certified is unavailable, purchase before Passover.

Mineral water - without flavors or vitamins may be used.

Mushrooms

Raw or dried may be used.

Canned requires Passover certification.

N

Non-dairy creamer - requires Passover certification

Nuts

Not blanched, roasted, or ground without bha/bht, including chopped, may be used.

Shelled pecans - requires Passover certification.

Peanuts - may not be eaten by Ashkenazi Jews.

O

Oil

Olive oil - Extra virgin, unflavored may be used without Passover certification. All others, including extra light, requires Passover certification.

Cooking oil/spray - requires Passover certification

Grapeseed oil - requires Passover certification

P

Pickles and pickled tomatoes - requires Passover certification.

Potato chips - require Passover certification.

Popcorn - kitniyot and may not be eaten.

Prunes - requires Passover certification.

Pumpkin seeds - raw without additives may be used (pumpkin seeds are not kitniyot).

R

Raisins- requires Passover certification.

S

Salads - bagged requires Passover certification.

Salt - all non-iodized without dextrose or polysorbates (sodium silicate is not a problem) may be used.

Sherbert - requires Passover certification.

Shortening - requires Passover certification.

Soda

Requires Passover certification.

Coke and Sprite must bear an OUP.

Pepsi must bear a KP.

Seltzer

Unflavored may be used.

Flavored requires Passover certification.

Spices and seasonings - require Passover certification.

Splenda - requires Passover certification.

Sugar

Pure white cane sugar without dextrose may be used.

Brown and confectioners require Passover certification.

Sugar substitutes require Passover certification.

Syrups- requires Passover certification.

T

Tea

Pure black, green, or white tea leaves or tea bags may be used.

Flavored, instant or decaffeinated require Passover certification.

Lipton decaffeinated tea bags may be used even without Passover symbol.

Nestea regular, unflavored instant tea may be used

without a Passover symbol. Decaffeinated may not be used.

Herbal tea requires Passover certification.

Tuna- canned requires Passover certification.

V

Vegetables

Bagged salads and canned, cooked, or frozen vegetables require Passover certification.

Fresh raw vegetables may be used as long as they don't contain additives other than sugar.

Vegetable wash- requires Passover certification.

Vinegar - requires Passover certification

W

Water - Any fresh, bottled, spring or distilled water that is unflavored, and does not list calcium citrate as an ingredient may be used (including those with fluoride or minerals). Please note: 5 gallon containers are reused and should be purchased with Passover certification.

Wine - requires Passover certification.

Y

Yogurt-requires Passover certification.

Section 6: Kitniyot and other products customarily not eaten on Passover

From the Star-K Passover Guide (www.star-k.org/images/abridgedPesachBook2017.pdf)

NOTE: Products bearing a Star-K P on the label do not contain kitniyot shenishtanu (kitniyot that have been manufactured and transformed into a new product)

Anise 2	Ascorbic Acid 1
Aspartame 1	Beans
Bean Sprouts	BHA (in corn oil)
BHT (in corn oil)	Buckwheat
Calcium Ascorbate 1	Canola Oil (Rapeseed)
Caraway Seeds 2	Chickpeas
Citric Acid 1 (possibly chametz)	Confectioners Sugar ->
(possibly chametz, possibly KFP - look for KFP symbol)	
Coriander 2	Corn
Cumin 2	Dextrose
Emulsifiers	Fennel 2
Fenugreek 2	Flavors (may be chametz)
Glucose	Green Beans

Guar Gum	H.V.P. (possibly chametz)
Isolated Soy Protein	Isomerized Syrup
Kasha (Buckwheat)	Lecithin
Maltodextrin 1 (possibly chametz)	Millet
MSG 1 (possibly chametz)	Mustard Flour
Nutra Sweet 1	Peanuts 2
Peas	Poppy Seeds
Rice	Sesame Seeds
Sodium Erythorbate 1	Sorbitan 1
Sorbitol 1	Soy Beans
Stabilizers	Starch (possibly chametz)
String Beans	Sunflower Seeds
Tofu	Vitamin C 1

1 Kitniyot shenishtanu.

2 Should be avoided on Pesach.

Section 7: Quinoa

(Source: www.star-k.org/quinoa)

Quinoa was determined to be Kosher L'Pesach. It is not related to the five types of grain that can become chametz, nor to millet or rice. There is a possibility that Quinoa grows in proximity to certain grains and may be processed in facilities

that compromise its kosher for Passover status. Therefore, Quinoa should only be accepted with reliable Kosher for Passover supervision.

From this year's star-k consumer products list :

The following products are approved for Passover use when

bearing the STAR-K symbol without a P (for Passover)

The following products are approved for Passover use when bearing “Best By” date of 2/01/19 through 2/28/19:

Ancient Harvest (star K Symbol/No P Required) White Grains Traditional Quinoa, Organic (12 oz. box, 27 oz. pouch)
Inca Red Grains Quinoa, Organic (12 oz. box) Tricolor Grains

Harmony Blend Quinoa, Organic (12 oz. box)

Ancient Harvest (No P Required) White Quinoa 50lb bulk bag, Organic

The following product is approved for Passover use when bearing the STAR-K symbol with a P

The Butcherie carries Quinoa that is kosher for Passover use.

Section 8: Pet Food

From the Star-K Passover Guide (www.star-k.org/articles/wp-content/uploads/2017/03/PetFoodList_2017.pdf)

The following is a list of pet foods approved for Passover 2017 produced in the U.S. Products with identical names from foreign countries may have different formulations, compromising their Passover status. Check all labels. No chametz should be listed. A product listing both meat and dairy ingredients may not be used any time during the year. (See “Feeding Your Pet: Barking Up the Right Tree” at www.star-k.org for more information).

CATS

Before Grain (dry): Chicken, Salmon.

Before Grain (canned): 96% Quail, 96% Chicken, 96% Salmon, 96% Tuna, 96% Turkey.

Blue Wilderness Grain Free (dry): Chicken, Kitten, Duck, Mature, Salmon, Indoor.

Evangers: When bearing cRc Passover approval.

Friskies (canned): Classic Paté Classic Seafood Entree, Classic Paté Salmon Dinner, Classic Paté Turkey & Giblets Dinner, Classic Paté Whitefish Tuna Dinner, Special Diet Classic Paté Ocean Whitefish Dinner, Special Diet Classic Paté Beef & Chicken Entrée, Special Diet Classic Paté Turkey & Giblets Dinner, Special Diet Classic Paté with Salmon, Senior Diet Classic Paté Pacific Salmon Dinner in Sauce Merrick Purrfect Bistro Grain Free (dry): Healthy Adult (Salmon, Chicken), Healthy Senior, Healthy Weight Merrick Purrfect Bistro Grain Free (canned): Classic Salmon Paté, Classic Tuna Paté

Prescription Diet: a/d, c/d dry only, d/d except duck, g/d dry only, k/d dry only, m/d canned only, r/d, s/d, t/d, w/d dry only, zd.

Wellness Core Grain Free (dry): Original, Kitten, Turkey & Turkey Meal & Duck, Indoor Wellness Core Grain Free (canned): Original, Kitten Formula, Beef & Venison & Lamb, Salmon & Whitefish & Herring2

FISH

Fish food and vacation blocks often contain chametz. Tetra Tropical Slow Release Gel Feeders (Tetra Weekend 5 days, and Tetra Vacation 14 days) are chametz free. Goldfish and Tropical fish can be given tubular worms, frozen brine shrimp, and freeze dried worms (if they do not contain fillers).

DOGS

Alpo Chop House Originals (canned): Filet Mignon Flavor, Ribeye Flavor, Top Sirloin Flavor Blue Freedom Grain Free (dry): Natural Chicken (Adult, Large Breed, Puppy, Small Breed)

Blue Freedom Grain Free (canned): Natural Chicken Recipe (Dogs, Puppies, Small Breed Dogs)

Blue Wilderness Grain Free (dry): Chicken Recipe, Small Breed, Salmon, Duck, Puppy, Senior, Healthy Weight, Large Breed, Large Breed Puppy

Blue Wilderness Grain Free (canned): Salmon & Chicken Grill, Turkey & Chicken Grill, Duck & Chicken Grill

Evangers: When bearing cRc Passover approval.

Hills Ideal Balance Grain Free (dry): Adult Natural Chicken & Potato, Adult Natural Salmon & Potato

Mighty Dog: (canned no gravy): Chicken Egg & Bacon Country Platter, Chicken & Smoked Bacon Combo, Hearty Beef Dinner, With Lamb and Rice.

Prescription Diet: a/d, c/d, d/d, g/d, h/d, j/d dry only, k/d, n/d, r/d, s/d, t/d, u/d, w/d dry only.

Science Diet (canned): Adult Light with Liver, Small & Toy Adult Light with Liver

Wellness Core Grain Free (dry): Original, Reduced Fat, Ocean, Puppy.

Wellness Core Grain Free (canned): Puppy, Turkey & Chicken Liver & Turkey Liver, Salmon & Whitefish & Herring, Beef & Venison & Lamb.

Wellness Grain Free Ninety Five Percent (canned): Turkey, Chicken, Beef, Salmon3

BIRDS (PARROTS, PARAKEETS, COCKATIELS, MACAWS)

STAR-K expresses appreciation to Dr. Aaron Weissberg for his help in preparing the following guidelines:

- Millet and sorghum as main diet
- Peanuts, sunflower seeds, and safflower seeds can be given
- Larger birds such as parrots can eat pure alfalfa pellets (make sure it is pure alfalfa since it is common to add grains) or dry dog food (see above for list)

- Smaller birds can also have pure alfalfa pellets, crush before feeding
- Can supplement with sliced grapes, cottage cheese, rice cakes (birds like these), small pieces of lean meat, matzah, berries, eggs, canned baby fruits. All large food should be shredded before serving. These items should be given sparingly
- For minerals, can have oyster shells (calcium) or mineral block
- The greater the variety the better

HAMSTERS, GUINEA PIGS, GERBILS & RABBITS

- Best to feed pure alfalfa pellets. Make sure it is pure alfalfa since it is common to add grains. Dried alfalfa may also be given.

- Can supplement with mixture of cut-up fruits and vegetables – carrots, broccoli, grapes, apples, melon, kale, parsley, oranges, celery, dry corn, sunflower seeds, cabbage. Can also give some matza. If not accustomed to these items, give sparingly.

- Guinea pigs especially will benefit from kale, parsley and oranges.
- Hamsters especially will benefit from apples.
- Guinea pigs need vitamin C added to diet.

Mixes sold in stores often contain chametz. It is advisable to mix together regular and Pesach food between one to two weeks prior Pesach before switching completely to Pesach food. The ratio of regular and Pesach food should be changed slowly to get the animal used to the new diet. Check with your veterinarian before changing diet.

Section 9 - How to check Romaine lettuce for insects

Method 1 - OU (Hand Checking)

oukosher.org/passover/articles/one-certify-cheese-flavors-lettuce/

1. Remove the lettuce base and separate the leaves from each other.
2. Soak leaves in cold, soapy water. Enough soap has been added when some bubbles are observed in the water.
3. Agitate lettuce leaves in the soapy solution.
4. Spread each leaf, expose all its curls and crevices. Using a heavy stream of water or a sink hose, remove all foreign matter and soap from both sides of each leaf. Alternatively, use a vegetable brush.
5. Check leaves over a light box or against strong overhead lighting to verify that the washing was effective. Pay careful attention to the folds and crevices in the leaf where insects have been known to hold tightly through several washings.

Method 2 - Star-K (Thrip Cloth)

www.star-k.org/articles/articles/insect-checking/1851/thrip-cloth-method/ (includes video demonstration)

1. Wash the leaves well.
2. Prepare a basin with water and dishwasher detergent. The water should feel slippery.
3. Agitate the leaves in the solution for 15 seconds.
4. Remove the leaves from the basin and shake off excess water over the basin.
5. Pour the water through the thrip cloth.
6. Check the thrip cloth over a light box for any insects.
7. If insects are found, repeat steps 1-6, up to three cycles.

If insects are still found on the third time, do not use the produce. To purchase a thrip cloth, contact Rabbi Zvi Solomon of the KVH at 617-999-2882, or the rabbi.

Section 10 - Stores from which you may buy chametz immediately after Pesach

BJ'S, Costco, CVS, Petco, Petsmart, Rite-Aid, Restaurant Depot, Sam's Discount Warehouse, Shaw's, Star Market, Stop and Shop, Trader Joe's, Walgreen's, Walmart, Whole Foods.

Any store or eatery under KVH or other reliable kosher certification may be patronized immediately following Passover.

If there is something that you cannot find in the information or lists that we have provided or you have any questions please contact the rabbi at (781)223-1471 or rabbi@bethisraelmalden.org.

May we all be blessed with a kosher and happy Passover!

Nutritional Supplements & Infant Formula for Passover 2017

The OU has researched the following nutritional supplements and infant formulas and determined that they are respectively suitable for someone who is infirm (*choleh she'ain bo sakanah*) and for infants, when bearing the OU logo.*

Nutritional Supplements

Arginaid
Arginaid Extra
Benecalorie
Beneprotein
Boost Glucose Control
Boost High Protein
Boost Nutritional Pudding
Boost Plus
Diabetishield
Enlive
Ensure Complete Nutrition Shake
Ensure Healthy Mom Shake
Ensure High Calcium Shake
Ensure High Protein Shake
Ensure HN
Ensure Homemade Shake
Ensure Plus
Ensure Plus HN
Ensure Plus Next Generation
Ensure Shake
Ensure TwoCal
Fibersource HN
Glucerna
Glucerna 1.0
Jevity 1.0, 1.2, and 1.5
Liquid Diabetisource AC
Liquid Fibersource HN
Liquid Isosource
Liquid Isosource HN with Fiber
Nepro
Nepro Vanilla
Nepro with Carb Steady Flavored
Novasource Renal
Nutren (Product line)
Nutrisource Benefiber
Osmolite 1.0, 1.2 and 1.5
Osmolite HN (unflavored)
Perative
Promote (except Promote with fiber)
Pulmocare
Resource 2.0
Resource Dairy Thick
Resource Diabetic
Resource Milk Shake Mix

Resource Thicken Up
Resource Thickened Juice
Resource Shake Plus
Simply Thick
Thick & Easy - All
Thick-It
Vivonex Pediatric
Vivonex Plus
Vivonex Ten

Pediatric Supplements

Boost Kid Essentials 1.0, 1.5
Boost Kid Essentials with Fiber
D-Vi-Sol
Enfamil 5% Glucose Water
Fer-In-Sol Drops
Pediasure Peptide
Pediasure Vanilla Powder
Pediasure Shakes
Poly-Vi-Sol Drops
Resource Just for Kids with Fiber
Tri-Vi-Sol Drops

Pediatric Electrolytes

Bright Beginnings
Comforts for Baby
Cottontails
CVS Pharmacy
Goodness
H-E-B Baby
Home 360 Baby
Meijer
Mom to Mom
Naturalyte
Parent's Choice
Pedialyte (all flavors)
ShopRite
Top Care
Walgreen's
Western Family

Infant Formula

365 Everyday Value
Ameribella
America's Choice for Baby
Babies R US

Baby Basics
Baby's Choice
Baby's Only Organic
Bear Essentials
Belacta
Belacta Premium
BelactaSure
Berkley & Jensen
Bright Beginnings
Cottontails
CVS
Daily Source
Discount Drug Mart
Earth's Best
EleCare
EnfaCare
Enfalac
Enfamil
Enfapro
Food Lion
Full Circle
Fulton Street Market
Gerber Good Start
Giant
Giant Eagle Baby
Hannaford
H-E-B
Heinz Nurture
Home 360 Baby
Hy-Vee
Isomil
Kirkland Signature
Kuddles
Laura Lynn
Life Brand
Little Ones
Meijer Baby
Member's Mark
Mom to Mom
Moo Moo Buckaroo
Mother's Choice
My Organic Baby
Nature's Place
Nestle Good Start
Next Step
NutraEnfant

O Organic Baby
Parent's Choice
Premier Value
President's Choice
Price Chopper
Publix
Rite Aid – Tugaboos
Shopko
Similac

Simply Right
Stop and Shop
Sunrise
Supervalu
Target
Tippy Toes by TopCare
Top Care
Topco
Up & Up

Vermont Organics
Walgreen's
Wegman's
Well Beginnings
Western Family

* Most of these products contain *kitnios*, and for some that is the primary ingredient. With the exception of the flavors used, any item which might be *chametz*-based is used in such small proportions that it is *batel b'shishim* (nullified). Where possible, it is preferred to (a) use a substitute which is certified for *Pesach*, and (b) use a liquid supplement instead of a powdered one.

Medicines and Cosmetics

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The cRc's general guidelines on medicines, cosmetics, and toiletries can be found on page 3 of this guide. The following is a summary of the medicine portion of those guidelines:

Medicines Guidelines

The cRc's general guidelines on medicines, cosmetics and toiletries can be found on page 3 of this guide. The following is a summary of the medicine portion of those guidelines:

- All pill medication – with or without *chametz* – that one swallows is permitted.
- Rav Schwartz, Shlit”a, has ruled that, as a rule, vitamins do not qualify as medications and are instead treated as food supplements, which require *hashgachah* for Passover. If a doctor prescribes a specific vitamin which does not have Passover supervision, please review your specific situation with your doctor and Rabbi.
- Liquid and chewable medications that may contain *chametz* should only be used under the direction of a doctor and Rabbi, who will judge the severity of the illness, the likelihood that the medicine contains *chametz*, and the possibility of substituting a swallowable pill. **Important: Do not discontinue use of liquid, chewable or any other medicine without consulting with your doctor and Rabbi.**
- Liquid and chewable medications that contain *kitnios* may be consumed by someone who is ill.
- For laws of taking medicine on *Shabbos* and *Yom Tov*, please consult your Rabbi.

Medicine and Toiletry Details

Items marked “Possible *Chametz*” contain edible ingredients whose *chametz*-status we were unable to determine; these items may be permitted for someone who is seriously ill, and consumers should consult with their Rabbi.

For an expanded and updated list of products, search www.ASKcRc.org or our smartphone apps.

Allergy

Allegra Children's Liquid Suspension..Possible chametz
Allegra Children's Orally Disintegrating Tablet
..... Possible chametz (dairy)
Claritin Children's Chewable Possible chametz
Signature Care 24 Hour Children's Allergy Relief
Grape Flavored (liquid) Possible chametz
Zyrtec Children's Allergy Indoor & Outdoor Allergies
(Liquid)..... Possible chametz
Zyrtec Dissolve Tabs (Tablets)..... Possible chametz

Antacid / Digestion / Gas

Align Capsules Recommended
Alka Seltzer Original Effervescent Tabs
..... Possible chametz
Alka-Seltzer Xtra Strength (Effervescent Tablets)
..... Possible chametz
Culturelle Kids Chewables Possible chametz
Culturelle Kids Packets (Powder) ..Not Recommended
Gas-X Extra Strength Chewables Cherry Crème
..... Possible chametz
Gas-X Extra Strength Chewables Peppermint Crème
..... Possible chametz
Gas-X Extra Strength Thin Strips (Meltaway)
..... Possible chametz
Gaviscon Extra Strength Original (Chewable)
..... Possible chametz
Imodium AD For Ages 6 & Up Liquid
..... Possible chametz
Imodium AD Liquid..... Possible chametz
Imodium AD Multisymptom Relief Caplets
..... Recommended
Kaopectate Max Peppermint (Liquid)
..... Possible chametz
Kaopectate Vanilla Regular Flavor (Liquid)
..... Possible chametz
Pepcid Complete Berry Flavor Chewables (dairy)
..... Possible chametz
Pepcid Complete Cool Mint Chewables (dairy)
..... Possible chametz
Pepto Bismol 5 Symptom Relief Caplets
..... Recommended
Pepto Bismol 5 Symptom Relief Cherry (Liquid)
..... Possible chametz
Pepto Bismol 5 Symptom Relief Chewable
..... Possible chametz
Pepto Bismol Children's Pepto Bubble Gum Flavor
(Chewable Tablets) Possible chametz
Pepto Bismol Max Strength Liquid ... Possible chametz
Tums (all varieties) Possible chametz

Blush All are recommended

Body Soap All are recommended

Cologne

Only recommended if free of (denatured) alcohol or if
manufactured in the United States



Cough, Cold & Flu

Alka Seltzer Plus Cold Effervescent Tabs (includes
Night Cold Formula) Possible chametz
Alka Seltzer Plus Severe Cold & Flu Formula
(Effervescent Tablets)..... Possible chametz
Delsym Children's 12 Hour Cough Liquid
(assorted flavors)..... Possible chametz
Delsym Liquid Cough Suppressant (Liquid)
..... Possible chametz
Diabetic Tussin DM Max Strength Cough
Suppressant/Expectorant (Liquid)
..... Possible chametz
Mucinex Chest Congestion Mini-Melts for Kids
Bubble Gum Flavor (Dissolving Granules)
..... Possible chametz
Mucinex Cough Mini-Melts for Kids Orange Crème
Flavor (Dissolving Granules)
..... Possible chametz
Theraflu Multi-Symptom Severe Cold (Packets)
..... Possible chametz
Theraflu Nighttime Severe Cold and Cough Powder
..... Possible chametz
Triaminic Children's Night Time Cold & Cough
(Liquid)Not Recommended
Triaminic Day Time Cold & Cough Cherry Flavor
(Liquid)Not Recommended
Triaminic Night Time Cough and Cold (Liquid)
.....Not Recommended
Vicks DayQuil Cough (Liquid) Possible chametz
Vicks Nyquil Children's Cold & Cough (Liquid)
..... Possible chametz
Vicks Nyquil Liquid Cold & Flu (Liquid)
..... Possible chametz
Zarbee's Children's Nighttime Cough Syrup
..... Possible chametz
Zarbee's Naturals Children's Cough Syrup
..... Possible chametz

Creams All are recommended

Deodorant

Gel..... All are recommended
Liquid..... Recommended if free of (denatured) alcohol

or if manufactured in the United States
 Spray..... Possible *chametz*
Fiber Supplements.....see Laxatives
Face Powder All are recommended
Fever Reducer / Pain Relief
 Signature Care Junior Strength Ibuprofen Grape
 Flavor Chewable Possible *chametz*
 Walgreens Extra Strength Pain Reliever Acetaminophen
 (Cherry Flavor) (Liquid).....Recommended
 [consult with doctor for children's dosaging]
 Walgreens Junior Strength Ibuprofen 100 Chewable
 Tablets (assorted flavors).....Recommended
Foot Powder All are recommended
Gas see Antacid/Digestion/Gas
Hairspray and Mousse
 Recommended if free of (denatured) alcohol or if
 manufactured in the United States
Indigestion..... see Antacid/Digestion/Gas
Laxatives / Fiber Supplements
 Benefiber Healthy Shape (Powder)
 Chametz (Not recommended)
 Benefiber Powder Chametz (not recommended)
 Benefiber Stick Packs (unflavored) (Powder)
 Chametz (not recommended)
 Citrucel CapletsRecommended
 Dulcolax Suppository.....Recommended
 Fibercon CapletsRecommended
 Metamucil 4 in 1 MultiHealth Fiber Original Smooth
 (Powder)..... Possible *chametz*
 Miralax Powder.....Recommended
 Pedia-Lax SuppositoryRecommended
 Peri-Colace Tablets.....Recommended
 Phillips' Milk of Magnesia Caplets
Recommended
 Phillips' Milk of Magnesia Fresh Mint (Liquid)
 Possible *chametz*
 Phillips' Milk of Magnesia Original Liquid
 (unflavored)Recommended
 Prunelax Ciruelax TabletsRecommended
 Senokot TabletsRecommended
 Senokot-S TabletsRecommended
 Walgreens Mineral OilRecommended
Lipstick
 Almay Color + Care Liquid Lip Balm ..Recommended
 Almay Smart Shade Butter Kiss.....Recommended
 bareMinerals Gen Nude Buttercream Lipgloss
Recommended
 bareMinerals Gen Nude Matte Liquid Lipcolor
Recommended
 bareMinerals Gen Nude Radiant Lipstick
Recommended
 bareMinerals Jack Of All Trades Lip Balm
Recommended

bareMinerals Marvelous Moxie Lipgloss
 Recommended
 bareMinerals Marvelous Moxie Lipstick
 Recommended
 bareMinerals Pop Of Passion Lip Oil-Balm
 Recommended
 Bobbi Brown Creamy Lip Color Possible *chametz*
 Bobbi Brown Creamy Matte Lip Color... Recommended
 Bobbi Brown High Shimmer Lip Gloss ..Recommended
 Bobbi Brown Lip Color Recommended
 Bobbi Brown Lip Gloss..... Recommended
 Bobbi Brown Luxe Lip Color..... Recommended
 Bobbi Brown New Sheer Lip Gloss..... Recommended
 Bobbi Brown Nourishing Lip Color..... Recommended
 Bobbi Brown Pot Rouge Recommended
 Bobbi Brown Rich Color Gloss..... Recommended
 Bobbi Brown Rich Lip Color Possible *chametz*
 Bobbi Brown Sheer Lip Color..... Recommended
 Clinique Almost Lipstick Black Honey ..Recommended
 Clinique Crayola Chubby Stick Intense
 Moisturizing Lip Colour Balm Recommended
 Clinique Different Lipstick Recommended
 Clinique Long Last Glosswear..... Recommended
 Clinique Long Last Lipstick..... Recommended
 Clinique Long Last Soft Matte Lipstick
 Recommended
 Clinique Pop Matte Lip Colour + Primer
 Recommended
 Clinique Quickliner For Lips Intense... Recommended
 Clinique Sweet Pots Sugar Scrub and Lip Balm
 Recommended
 Estee Lauder All Day Lipstick..... Recommended
 Estee Lauder Double Wear Lip Duo Recommended
 Estee Lauder Pure Color Crystal Lipstick
 Recommended
 Estee Lauder Pure Color Envy Lipstick
Not Recommended
 Estee Lauder Pure Color Long Lasting Lipstick
 Recommended
 Estee Lauder Signature LipstickNot Recommended
 Lancôme Color Design Recommended
 Lancôme Rouge In Love Recommended
 Lancôme Shine Lover- Recommended
 Lancôme L'absolu Rouge..... Recommended
 L'Oréal Colour Caress Wet Shine Stain
 Possible *chametz*
 L'Oréal Colour Riche Balm Recommended
 L'Oréal Colour Riche Lipcolour: Recommended
 L'Oréal Extraordinaire By Colour Riche
 Recommended
 L'Oréal Infallible 8 Hr Le Gloss Recommended
 L'Oréal Infallible Le Rouge Recommended
 Maybelline Color Sensational Creamy
 Matte Lip Color Recommended

Maybelline Color Sensational Vivids LipcolorRecommended	Chapstick Classic Original.....Recommended
Maybelline Super Stay 14 Hour LipstickRecommended	Citrus Magic.....Recommended
Revlon Colorburst Balm Stain Lipstain Possible chametz	Clorox 4 in 1 Disinfecting Spray..... Possible chametz
Revlon Colorstay Overtime Lipcolor BasecoatRecommended	Dramamine Chewables Orange Flavor Possible chametz
Revlon Colorstay Overtime Lipcolor TopcoatRecommended	Fixodent Extra Hold (Powder)Recommended
Revlon Colorstay Ultimate Suede LipstickRecommended	Fixodent Free (Cream)Recommended
Revlon Lip Balm.....Recommended	Fixodent Original (Cream).....Recommended
Revlon Moon Drops Frost Lipstick.....Recommended	Lysol Disinfecting Spray (assorted varieties) Possible chametz
Revlon Moon Drops Lipstick Crème ...Recommended	NoDoz Alertness Aid (Pill)Recommended
Revlon Super Lustrous High Shine LipstickRecommended	Polident 3 Minute (Tablet) Possible chametz
Revlon Super Lustrous Lipstick Cream ...Recommended	Polident Overnight Whitening (Tablet) Possible chametz
Revlon Super Lustrous Matte.....Recommended	Polygrip Free (Cream)Recommended
Revlon Super Lustrous Pearl.....Recommended	Polygrip Original (Cream)Recommended
Ulta3 Colour Me Pretty Lipstick CrayonRecommended	Vivarin (Tablet)Recommended
Ulta3 Liquid Lip ShineRecommended	Mouth Pain Relief
Ulta3 Moisturizing LipstickRecommended	Abreva GelRecommended
Ulta3 Matte Lipstick..... Possible chametz	Anbesol Maximum Strength Liquid.. Possible chametz
Wet and Wild 3 Piece Velvet Lip Set....Recommended	Kanka Mouth-pain Liquid Possible chametz
Wet and Wild Color Icon Lip Gloss BundleRecommended	Orajel Maximum Strength Toothache (Gel) Possible chametz
Wet and Wild Color Icon Lipliner.....Recommended	Orajel Mouth Sores Triple Medicated (Gel)Recommended
Wet and Wild Glassy Gloss Lip Gel.....Recommended	Mousse see Hairspray and Mousse
Wet and Wild Megalast Liquid Catsuit Matte LipstickRecommended	Mouthwash Only recommended if known to be <i>Chametz</i> -free
Wet and Wild Megalast Liquid Lip ColorRecommended	Nail Polish All are recommended
Wet and Wild Megaslicks Balm Stain...Recommended	Ointments All are recommended
Wet and Wild Perfect Pair Ombre Lip WandRecommended	Perfume Recommended if free of (denatured) alcohol or if manufactured in the United States
Wet and Wild Perfect Pout Gel Lip LinerRecommended	Shampoo All are recommended
Wet and Wild Silk Finish Lipstick.....Recommended	Shaving cream Cream..... All are recommended
Lotions All are recommended	Gels All are recommended
Mascara All are recommended	Liquid..... Possible chametz
Miscellaneous	Lotion..... All are recommended
Asthma Inhalers, all types (Liquid Vapor)Recommended	Sleep Aids Unisom PM Pain SleepCap (Caplet)Recommended
Bayer Low Dose Baby Aspirin Chewables (Cherry or Orange) Possible chametz	Unisom SleepMelts (Meltaway)..... Possible chametz
Bonine Complete Raspberry Flavored (Chewable)..... Possible chametz (dairy)	Vicks ZzzQuil Liquid Possible chametz
Castor Oil (pure, liquid)Recommended	Toothpaste Only recommended if known to be <i>Chametz</i> -free
	VitaminsSee Guidelines above
	Wipes Recommended if free of (denatured) alcohol or if manufactured in the United States