

Passover Product Supplement

2016 (5776)

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We hope this Passover product supplement will help you in your preparations for a wonderful holiday. Please feel free to contact Rabbi Rabinowitz with any of your Passover questions at (781) 322-5191 or at (781) 223-1471 or rabbi@bethisraelmalden.org.

This Passover product supplement is not meant to be exhaustive or complete. All information in this supplement should *only be used for Passover 2016 (5776)*.

Information regarding shopping for Passover, how to clean and kasher appliances and utensils for Passover, setting up the Seder plate, the Passover schedule, and more, can be found in our Annual Halacha Guidebook, beginning on Page 19. If you do not have a guidebook and would like one, please contact the office at 781-322-5686 or find it on our website at BethIsraelMalden.org

Section 1: Resources for Kosher for Passover lists and information

Please call the rabbi with any of your questions.

Websites:

Kashrut.com	This website has many links to Passover product lists. You can download from there the Star-K Passover Guide (without the medicine and cosmetics list) and OU Passover Guide.
Oupassover.org	Orthodox Union
Star-k.org	Star-K certification, Baltimore, MD
crcweb.org	Chicago Rabbinical Council

Phone Numbers:

KVH (Rabbi Zalman Krems)	617-396-7496
OU	212-613-8241
Star-K	410-484-4110
CRC	773-465-3900

Passover Guides: *(available at the Israel Book Shop)*

Star-K Passover Directory

The Laws of Pesach: a Digest by Rabbi Avrohom Blumencrantz
OU Guide to Passover

Note : When we write that a product does not need Passover certification that is not to the exclusion of the year round kosher certification that a product might need.

When we write that a product needs Passover certification that means it must bear a kosher for Passover symbol or it is certified as kosher for Passover by a reliable Kashrut agency even without a kosher for Passover symbol. You can find this information in the resources listed above. If you have any questions or if something seems ambiguous, please contact the Rabbi.

Section 2: Non Food Products - Permissible without Passover Certification

A

Adhesive Bandages
Air freshener - solid
Alcohol - isopropyl
Aluminum products including foils and pans
Ammonia

B

Baby powder- any, as long as oat flour is not listed as an ingredient
Baby ointment and oil
Baby wipes - without alcohol
Baking soda
Balloons-without powder
Bags
 plastic - all
 paper - cold use only
Band aids
Bicarbonate of soda
Bleach
Bleach wipes
Braces - wax; rubber bands should be washed before being placed in your mouth

C

Cardboard
Candles
Carpet cleaner
Charcoal briquets (including flavored)
Coffee filters
Contact lens solution
Contact paper
Copper and metal cleaners
Cork
Crock pot liner
Cups
 plastic – all
 waxed or plastic coated paper - cold use only
Cupcake holders
Cutlery, plastic -all

D

Dental floss or tape - unflavored (waxed or unwaxed)
Detergents
Dishwashing soap
Drain openers

E

Eye drops

F

Fabric protector, softener
Furniture polish

G

Glass cleaners

Gloves - Rubber (latex)

- Powder free

- If they contain powder do not use near food

- If they are not marked check by turning the glove inside out and rub on dark clothing

Glue- All Krazy Glue, Elmer's and Ross Glue products.

H

Hydrogen peroxide

Hand sanitizer-any without alcohol

I

Ink

Insecticide spray (insect/rodent traps may contain, and should be put away with, chametz)

J

Jewelry polish

L

Laundry detergent

Liquid dish detergent

M

Mineral oil

N

Napkins

O

Oven cleaner

Orthodontics- wash rubber bands before placing them in your mouth

P

Paint

Paper towels - the first three sheets and last sheet attached to the cardboard should not come into contact with food. For rolls of half sized sheets, this rule applies to the first four and the last two sheets. The rest of the roll may be used with hot or cold foods.

Paraffin

Parchment paper - needs Passover certification

Petroleum jelly

Plastic wrap

Plastic containers

Plates

Plastic

Styrofoam

Plastic coated paper - cold use only

Paper plates should not be used without a reliable

Passover certification

S

Scouring pads/powders

Shoe polish

Silver polish

Stain remover

Styrofoam

T

Tableclothes - clear plastic, non powdered

Tissues

Toilet bowl cleaner

Toothpicks - unflavored and uncolored

Tub cleaner

W

Water filters

Wax paper

Wood chips

Beware! - Playdough contains chametz. Store it with chametz and sell.

Section 3: Medications on Passover

All pill medication that one swallows is permitted. (*FYI: For people who prefer that these items be chametz free the Star-K Passover directory contains this information*).

Vitamins and food supplements **do not qualify as medications and require Passover supervision**. If a doctor prescribes a vitamin which does not have Passover supervision, speak with your doctor and Rabbi.

For Liquid and chewable medications consult the Passover lists found in the Passover guides or on the websites listed above to see if they contain chametz.

- Those that may contain chametz should only be used

under the direction of a doctor and Rabbi, who will judge the severity of the illness, the likelihood that the medicine contains chametz, and the possibility of substituting a swallowable pill. *Do not discontinue the use of any medication without consulting with your doctor and Rabbi.*

- Those that contain kitniyot may be consumed only by someone who is ill.

- A person who wants to relieve a minor discomfort can only use a liquid or chewable medicine that does not contain kitniyot.

Medications that are not needed should be put away along with chametz items.

Section 4: Cosmetics and toiletries

4A - Items that may be used (FYI: For people who prefer that these items be chametz free the Star-K Passover directory contains this information).

Blush
Body soap
Body wash
Conditioners
Creams
Deodorant/Antiperspirant - stick, gel, powder
Eye shadow
Eyeliner
Face powder

Foot powder
Foundations
Hair gel
Ink
Lotions
Mascara
Nail polish
Nail polish remover
Ointments
Paint
Shampoo

4B - Items that need to be Chametz Free

Colognes
Deodorants/antiperspirant -liquid or spray
Hair Mousse
Hairspray
Lipstick
Mouthwash (all Scope Mouthwash is acceptable)

Perfumes
Shaving lotions
Toothpaste (all Aim, Colgate, Ultrabrite, and Crest blu are acceptable)
Consult the Passover lists for acceptable Passover products.
See the CRC cosmetics supplement, page 7, for more details.

Section 5: Food Products

Check Passover lists when Passover certification is required.
Always use clean, unopened products for Passover.

Note : When we write that a product does not need Passover certification that is not to the exclusion of its year round need for kosher certification.

A

Alcoholic beverage- requires Passover certification
Apple juice- requires Passover certification

B

Baby Food - requires Passover certification
Baby formula - many brands are acceptable for use. Most contain kitniyot which an infant may be fed. Therefore bottles should be made and cleaned away from Passover sink and dishes. *CRC formula supplement is attached for your convenience.*
Baby Carrots-raw with no additives
Baking Powder- requires Passover certification

C

Candy (and other sweets) - requires Passover certification.
Cocoa

All 100% pure, if not processed in Europe
All Hershey's cocoa is acceptable.

Coconut- shredded - requires Passover certification if sweetened or flavored. Unsweetened and unflavored does not.
Coffee

All decaffeinated, flavored and instant require Passover certification.

K-cups require Passover certification.

Plain, unflavored, and not decaffeinated beans do not require Passover certification.

A coffee grinder must be cleaned before using for Pesach.

Folgers regular and decaffeinated unflavored instant and Tasters Choice regular unflavored instant are kosher for Passover without a Passover symbol. Buy a new one for Passover.

Maxwell House must have a kosher for Passover symbol.

Check Star-K and OU guides for other brands acceptable for Passover.

Coffee whitener - requires Passover certification

Cooking oil/ cooking oil spray and cooking wine - requires Passover certification.

D

Dairy products- requires Passover certification.

Dates- requires Passover certification (because of the glaze).

E

Eggs

Whole, raw eggs should be purchased before Passover.
Cooked or liquid need Passover certification.

F

Fish

Fresh fish may be used.

Canned, frozen, or processed fish requires Passover certification.

Fruit

Fresh may be used

All frozen that are uncooked, unsweetened and without additives (syrup, citric acid, ascorbic acid or vitamin C) are acceptable.

Canned, cooked, dried or sweetened require Passover certification.

G

Garlic

Fresh may be used

Peeled (in jars or canned) requires Passover certification.

Gum - requires Passover certification.

H

Honey- requires Passover certification.

Horseradish- prepared requires Passover certification.

I

Ice - plain water, bagged.

J

Jelly - requires Passover certification.

Jam - requires Passover certification.

Juice

Frozen orange juice or white grapefruit, 100% pure without sweeteners, additives, preservatives, or enrichments (e.g. calcium) may be used.

Other concentrates and all fresh juices (apple, grape, etc) require Passover certification.

K

Ketchup - requires Passover certification.

L

Lactaid - Lactaid is acceptable if purchased before Passover.

Chewable pills may not be used. Non- chewable pills may be used.

Lemon juice - requires Passover certification.

ReaLemon Juice, reconstituted, does not need Passover certification.

Liquor - requires Passover certification.

M

Margarine- requires Passover certification.

Matzoh (!)- requires Passover certification.

Mayonnaise- requires Passover certification.

Meat and Poultry

Fresh or frozen raw meat and poultry in their original packaging with regular kosher certification may be used.

Ground, cooked, or repackaged requires Passover certification.

Milk - Should have Passover certification. Where certified is unavailable, purchase before Passover.

Mineral water - without flavors or vitamins

Mushrooms

Raw or dried

Canned requires Passover certification.

N

Non-dairy creamer - requires Passover certification

Nuts

Not blanched, roasted, or ground without bha/bht, including chopped, may be used.

Shelled pecans - requires Passover certification.

Peanuts - may not be eaten by Ashkenazi Jews.

O

Oil

Olive oil - Extra virgin, unflavored may be used without Passover certification. All others, including extra light requires Passover certification.

Cooking oil - requires Passover certification

Grapeseed oil - requires Passover certification

P

Pickles and pickled tomatoes - requires Passover certification.

Potato chips - require Passover certification.

Popcorn - kitniyot and may not be eaten.

Prunes - requires Passover certification.

Pumpkin seeds - raw without additives (pumpkin seeds are not kitniyot)

R

Raisins- requires Passover certification.

S

Salads - bagged requires Passover certification.

Salt - all non-iodized without additives (dextrose, polysorbates) may be used.

Soda

Requires Passover certification.

Coke and Sprite must bear an OUP.

Pepsi must bear a KP.

Seltzer

Unflavored may be used.

Flavored requires Passover certification.

Spices and seasonings - require Passover certification.

Splenda - requires Passover certification.

S
Sugar

Pure white cane sugar without dextrose may be used.

Brown and confectioners require Passover certification.

Sugar substitutes require Passover certification.

Syrups- requires Passover certification.

T

Tea

Pure black, green, or white tea leaves or tea bags may be used.

Flavored, instant or decaffeinated require Passover certification.

Lipton decaffeinated tea bags may be used even without Passover symbol.

Nestea regular, unflavored instant tea may be used without a Passover symbol. Decaffeinated may not be used.

Herbal tea requires Passover certification.

Tuna- canned requires Passover certification.

V

Vegetables - bagged, canned, cooked, or frozen require Passover certification.

Vegetable wash- requires Passover certification.

Vinegar - requires Passover certification

W

Water - fresh, bottled, spring or distilled without flavors or vitamins.

Wine - requires Passover certification.

Y

Yogurt- requires Passover certification.

Section 6: Quinoa *(Source: www.star-k.org/quinoa)*

Quinoa (pronounced KEEN-wa) is a species of seeds of the Chenopodium or “goosefoot” family, and is botanically related to spinach. It was first brought to the United States from Chile nineteen years ago. Quinoa has been cultivated in the Andes Mountains for thousands of years, growing three to six feet tall despite high altitudes, intense heat, freezing temperatures, and as little as four inches of annual rainfall. Peru and Bolivia maintain seed banks with 1,800 types of quinoa.

Quinoa is Kosher L'Pesach and is not related to the five types of chametz grains, millet or rice.

IF IT'S NOT KITNIYOT, WHY DOES QUINOA NEED PASSOVER CERTIFICATION?

We have found that quinoa can, at times, be either grown near barley, or rotated with a barley crop especially in Peru. Furthermore, barley on occasion is used to cover quinoa during drying, and the bags used to transport the quinoa

may have previously contained flour of chametz. Therefore, quinoa should only be used with reliable Kosher for Passover certification or agency approval. STAR-K has sent one of its mashgichim to a set of quinoa fields in Bolivia where there is no concern of intermingling with barley. STAR-K ensures that the farmers do not rotate their crops and that they use new bags to pack their crops.

The following are STAR-K approved:

Ancient Harvest (a/No P Required)

Inca Red Grains Quinoa

Tricolor Grains Harmony Blend Quinoa

White Grains Traditional Quinoa

White Quinoa 50lb bulk bag, Tel: 310-217-8125

Natural Earth Products (aP Required)

Quinoa

The Butcherie carries Quinoa that is kosher for Passover use.

Please feel free to contact the rabbi with any of your Passover questions at (781)223-1471 or rabbi@bethisraelmalden.org.

May we all be blessed with a kosher and happy Passover!

Medicines and Cosmetics



The cRc’s general guidelines on medicines, cosmetics, and toiletries can be found on page 3 of this guide. The following is a summary of the medicine portion of those guidelines:

Medicines Guidelines

The cRc’s general guidelines on medicines, cosmetics and toiletries can be found on page 3 of this guide. The following is a summary of the medicine portion of those guidelines:

- All pill medication – with or without *chametz* – that one swallows is permitted.
- Rav Schwartz, Shlit”a, has ruled that, as a rule, vitamins do not qualify as medications and are instead treated as food supplements, which require *hashgachah* for Passover. If a doctor prescribes a specific vitamin which does not have Passover supervision, please review your specific situation with your doctor and Rabbi.
- Liquid and chewable medications that may contain *chametz* should only be used under the direction of a doctor and Rabbi, who will judge the severity of the illness, the likelihood that the medicine contains *chametz*, and the possibility of substituting a swallowable pill. **Important: Do not discontinue use of liquid, chewable or any other medicine without consulting with your doctor and Rabbi.**
- Liquid and chewable medications that contain *kitnios* may be consumed by someone who is ill.
- For laws of taking medicine on *Shabbos* and *Yom Tov*, please consult your Rabbi.

Medicine and Toiletry Details

Items marked “Possible *Chametz*” contain edible ingredients whose *chametz*-status we were unable to determine; these items may be permitted for someone who is seriously ill, and consumers should consult with their Rabbi.

For an expanded and updated list of products, search www.ASKcRc.org or on our smartphone apps.

Allergy

Adwe Allergy Relief (Liquid)..... Recommended
 Allegra Children’s Liquid Suspension..Possible chametz
 Allegra Children’s Orally Disintegrating Tablet
 Possible chametz
 Claritin Children’s Chewable Possible chametz
 Zyrtec Children’s Allergy Indoor & Outdoor Allergies
 Possible chametz
 Zyrtec Dissolve Tabs Possible chametz

Antacid / Digestion / Gas

Adwe Calcium Heartburn Relief..... Recommended
 Adwe Ko-Lanta Antacid Anti-gas..... Recommended
 Alka Seltzer Alka-Seltzer Xtra Strength
 (Effervescent Tablets)..... Possible chametz
 Alka Seltzer Original Effervescent Tabs
 Possible chametz
 Culturelle Digestive Health Capsules..Possible chametz
 Culturelle Kids Chewables..... Possible chametz
 Culturelle Kids PacketsNot Recommended
 Gas-X Extra Strength Chewables Cherry Crème
 Possible chametz
 Gas-X Extra Strength Chewables Peppermint Crème
 Possible chametz
 Gas-X Extra Strength Thin Strips (Meltaway)
 Possible chametz
 Gaviscon Extra Strength Cherry (Chewables)
 Possible chametz
 Gaviscon Extra Strength Original (Chewable)
 Possible chametz
 Imodium AD For Ages 6 & Up Liquid
 Possible chametz
 Imodium AD Liquid..... Possible chametz
 Imodium AD Multisymptom Relief Caplets
 Recommended
 Kaopectate Max Peppermint (Liquid)
 Possible chametz
 Kaopectate Vanilla Regular Flavor (Liquid)
 Possible chametz
 Pepcid Complete Berry Flavor Chewables (Dairy)
 Possible chametz
 Pepcid Complete Cool Mint Chewables (Dairy)
 Possible chametz
 Pepto Bismol 5 Symptom Relief Caplets
 Recommended
 Pepto Bismol 5 Symptom Relief Cherry (Liquid)
 Possible chametz
 Pepto Bismol 5 Symptom Relief Chewable
 Possible chametz
 Pepto Bismol Children’s Pepto Bubble Gum Flavor
 (Chewable)..... Possible chametz
 Pepto Bismol Max Strength..... Possible chametz
 Tums (all varieties) Possible chametz

Blush All are recommended**Body Soap** All are recommended**Cologne**Only recommended if known to be *chametz*-free**Cough, Cold & Flu**

Adwe Cough Syrup Tussin (Liquid) Recommended

Alka Seltzer Plus Severe Cold & Flu Formula
 (Effervescent Tablets)..... Possible chametz
 Cold-EEZE Daytime QuickMelts (Meltaway
 Possible chametz
 Cold-EEZE Nighttime QuickMelts (
 Quickmelt tablet) Possible chametz
 Diabetic Tussin Nighttime Cold & Flu Formula
 (Liquid)..... Possible chametz
 Dr Cocoa Nighttime Cough and Cold (Liquid)
Not Recommended
 Dr Cocoa Non-Drowsy Cough (Liquid)
Not Recommended
 Theraflu Multi-Symptom Severe Cold (Packets)
 Possible chametz
 Thera-Flu Nighttime Severe Cold and Cough Powder
 (Powder)..... Possible chametz
 Triaminic Children’s Night Time Cold and Cough
 (Liquid).....Not Recommended
 Triaminic Day Time Cold & Cough Cherry Flavor
 (Liquid)..... Chametz (not recommended)
 Triaminic Night Time Cough and Cold (Liquid)
Not Recommended
 Tylenol Cold Sore Throat Cool Burst (Liquid)
 Possible chametz
 Vicks Nyquil Children’s Cold and Cough (Liquid)
 Possible chametz
 Vicks Nyquil Liquid Cold and Flu (Liquid)
 Possible chametz
 Zicam Rapid Melt Tablets..... Possible chametz
 Delsym Children’s 12 Hour Cough Liquid
 Possible chametz
 Delsym Children’s 12 Hour Cough Liquid
 Possible chametz
 Delsym Liquid Cough Suppressant
 Possible chametz
 Diabetic Tussin DM Max Strength Cough
 Suppressant/Expectorant Possible chametz
 Little Remedies Honey Cough Syrup (liquid)
 Possible chametz
 Mucinex Chest Congestion Mini-Melts for Kids
 (Dissolving Granules) Possible chametz
 Vick’s DayQuil Cough (Liquid) Possible chametz
 Vicks Nyquil Cough (Liquid) Possible chametz
 Zarbee’s Children’s Nighttime Cough Syrup Grape
 Flavor (Liquid) Possible chametz
 Zarbee’s Naturals Children’s Cough Syrup (Liquid)
 Possible chametz

Creams All are recommended**Deodorant**General Recommendation

Gel..... All are recommended
 Liquid..... Possible *chametz*
 Spray..... Possible *chametz*
 Stick All are recommended

Specific Products

Arrid Extra Dry XX Recommended
 Arrid Extra Extra Dry XX..... Recommended
 Axe Deodorant (most varieties) Possible chametz

Axe White Label Dry Spray Antiperspirant	Recommended	Benefiber Stick Packs (unflavored) (Powder)	Chametz (Not Recommended)
Degree Antiperspirant Spray	Recommended	Citrucel Caplets (Caplets)	Recommended
Degree Dry Spray	Recommended	Dulcolax Suppository (Suppository)	Recommended
Degree Men Dry Spray	Recommended	Epsom Salt (pure) Generic or Branded versions (Powder)	Recommended
Old Spice Refresh Body Spray	Possible chametz	Ex-Lax Tablets (Tablets)	Recommended
Right Guard Sport (original)	Recommended	Fibercon Caplets (Caplet)	Recommended
Right Guard Sport 3-D Odor Defense	Recommended	Metamucil Original Coarse (Powder)	Recommended
Secret Deodorant	Recommended	Mineral Oil (pure, liquid)	Recommended
Secret Refresh Body Spray	Possible chametz	Miralax Powder (Powder)	Recommended
Fiber Supplements	see Laxatives	Pedia-Lax Suppository (Suppository)	Recommended
Face Powder	All are recommended	Peri-Colase Tablets	Recommended
Fever Reducer / Pain Relief		Phillips Milk of Magnesia Caplets	Recommended
Adwe Fever-Ex (Liquid)	Recommended	Phillips Milk of Magnesia Original Liquid (unflavored)	Recommended
CVS Extra Strength Pain Relief Adult Liquid Acetaminophen Rapid Burst (Cherry)	Recommended	Prunelax Ciruelax Tablets	Recommended
[consult with doctor for children's dosaging]		Senokot Tablets	Recommended
Up & Up Children's Acetaminophen Melty Tabs (tablet)	Recommended	Senokot-S Tablets	Recommended
Walgreens Extra Strength Pain Reliever Acetaminophen (Cherry Flavor) (Liquid)	Recommended	Walgreens Mineral Oil (Liquid)	Recommended
[consult with doctor for children's dosaging]		Phillips Milk of Magnesia Fresh Mint (Liquid)	Possible chametz
Walgreens Junior Strength Ibuprofen 100 Chewable Tablets (Orange or Grape flavor)	Recommended	Lipstick	
Foot Powder	All are recommended	Almay Liquid Lip Balm	Recommended
Gas	see Antacid/Digestion/Gas	Almay Smart Shade Butter Kiss	Recommended
Hairspray and Mousse		Bare Minerals Loud and Clear Lipsheer	Recommended
Alberto VO5 Hairspray (assorted varieties)	Possible chametz	Bare Minerals Marvelous Moxie Lipgloss	Recommended
Consort Hairspray for Men	Possible chametz	Bare Minerals Marvelous Moxie Lipgloss-Hypnotist	Recommended
Dove Dry Spray	Recommended	Bare Minerals Marvelous Moxie Lipstick-Break Away	Recommended
Dove Hairspray	Possible chametz	Bare Minerals Marvelous Moxie- Live Large	Recommended
Dove Men Care Dry Spray	Recommended	Bare Minerals Marvelous Moxie- Raise the Bar	Recommended
Dove Mousse	Recommended	Bare Minerals Marvelous Moxie Lipstick in Take Charge	Recommended
Herbal Essences Mousse	Recommended	Bare Minerals Modern Pop Marvelous Moxie Lipstick in Dream Big	Recommended
L'oreal Mousse	Recommended	Bare Minerals Pop of Passion Lip Oil-Balm	Possible chametz
Matrix Hairspray (assorted varieties)	Possible chametz	Bare Minerals Pretty Amazing Lipcolor	Possible chametz
Pantene Hairspray	Possible chametz	Bobbie Brown Sheer Lip Color	Recommended
Pantene Mousse	Recommended	Bobbie Brown Creamy Lip Color	Possible chametz
Paul Mitchell Hairspray (assorted varieties)	Possible chametz	Bobbie Brown Creamy Matte Lip Color	Recommended
Redken Full Frame 07 Mousse	Recommended	Bobbie Brown Lip Color	Recommended
Redken Hairspray	Possible chametz	Bobbie Brown Lip Color in Shimmer Finish	Not Recommended
Rusk Hairspray	Possible chametz	Bobbie Brown Rich Lip Color	Possible chametz
Sebastian Hairspray	Possible chametz	Lancome Color Design Jason Wu Collection Lip Color	Recommended
Suave Hairspray	Possible chametz	Lancome Color Design Sensational Effects	Recommended
Suave Max Hold Mousse	Recommended		
TRESemme Hairspray	Possible chametz		
TRESemme Mousse	Recommended		
White Rain Hairspray	Possible chametz		
Indigestion	see Antacid/Digestion/Gas		
Laxatives / Fiber Supplements			
Benefiber Healthy Shape (Powder)	Chametz (Not Recommended)		
Benefiber Powder (powder)	Chametz (Not Recommended)		

Lancome Baume In Love	Recommended	Dramamine Chewables Orange Flavor	
Lancome Color Design Limited Edition		Possible chametz
.....	Recommended	Femcon Fe (brown and white pills) (chewable tablet	
Lancome Color Design Matte Lip Color		(Dairy)	Possible chametz
.....	Recommended	Fixodent Extra Hold (Powder)	Recommended
Lancome Color Design Matte Lip Crayon		Fixodent Food Seal (Gel)	Possible chametz
.....	Recommended	Fixodent Free (Gel)	Recommended
Lancome L'absolu Nu	Recommended	Fixodent Original (Gel)	Recommended
Lancome L'absolu Rouge Advanced Replenishing &		FlavorX (assorted flavors) (liquid)	Possible chametz
Reshaping Lipcolor Pro-Xylane	Recommended	Floss, flavored	Possible chametz
Lancome L'absolu Rouge Definition	Recommended	Floss, unflavored	Recommended
Lancome L'absolu Rouge Long-Wear Advanced		Lip Balm Assorted.....	Recommended
Replenishing & Reshaping Lipcolor		Listerine PocketPaks Assorted varieties	
.....	Recommended	(Dissolving strip)	Not Recommended
Lancome L'absolu Velours	Recommended	NoDoz Alertness Aid (Pill)	Recommended
Lancome Rouge In Love	Recommended	Polident 3 Minute (Tablet)	Possible chametz
Lancome Shine Lover.....	Recommended	Polident Overnight Whitening (Tablet)	
L'oreal Colour Caresse Wet Shine Stain		Possible chametz
.....	Possible chametz	Polygrip Free (Gel).....	Recommended
L'oreal Colour Riche Collection Exclusive Red		Polygrip Original (Gel)	Recommended
Lipcolor.....	Recommended	Vivarin (Tablet)	Recommended
L'oreal Colour Riche Le Gloss.....	Recommended	Mouth Pain Relief	
L'oreal Colour Riche Lipcolour	Recommended	Abreva Gel.....	Recommended
L'oreal Extraordinaire By Colour Riche		Orajel Mouth Sores Triple Medicated (Gel)	
Recommended		Recommended
L'oreal Infallible 8 Hr Le Gloss.....	Recommended	Anbesol Maximum Strength Liquid	
L'oreal Infallible 8 Hr Plumping Gloss		Possible chametz
.....	Possible chametz	Kanka Mouth-pain Liquid.....	Possible chametz
L'oreal Infallible Le Rouge.....	Recommended	Orajel Maximum Strength Toothache (Gel)	
L'oreal Infallible Pro-Matte Gloss	Recommended	Possible chametz
Revlon Colorstay Overtime Lipcolor Basecoat		Mousse	see Hairspray and Mousse
.....	Recommended	Mouthwash	
Revlon Colorstay Overtime Lipcolor Topcoat		Only recommended if known to be <i>Chametz</i> -free	
.....	Recommended	Nail Polish	All are recommended
Revlon Colorstay Ultimate Suede Lipstick		Ointments	All are recommended
.....	Recommended	Perfume	
Revlon Just Bitten Lip Balm.....	Recommended	Only recommended if known to be <i>Chametz</i> -free	
Revlon Just Bitten Lipstain	Possible chametz	Shampoo	All are recommended
Revlon Super Lustrous High Shine Lipstick		Shaving cream	
.....	Recommended	Cream.....	All are recommended
Revlon Super Lustrous Lipstick Cream..	Recommended	Gels	All are recommended
Revlon Super Lustrous Matte.....	Recommended	Liquid.....	Possible chametz
Revlon Super Lustrous Pearl.....	Recommended	Lotion.....	All are recommended
Lotions	All are recommended	Sleep Aids	
Mascara	All are recommended	Unisom PM Pain SleepCap (Caplet)	Recommended
Miscellaneous		Unisom Sleep Tab (Tablet).....	Recommended
Asthma Inhalers, all types (Liquid Vapor)		Unisom QuickMelts (Meltaway)	Possible chametz
.....	Recommended	Vicks ZzzQuil Liquid	Possible chametz
Bayer Low Dose Baby Aspirin Chewables		Toothpaste	
.....	Possible chametz	Only recommended if known to be <i>Chametz</i> -free	
Bonine Bonine Complete Raspberry Flavored		Vitamins	See Guidelines above
(Chewable).....	(Dairy) Possible chametz	Wipes	
Castor Oil (pure, liquid)	Recommended	Only recommended if free of ethyl alcohol, a.k.a.	
Chapstick Active.....	Recommended	SD Alcohol (many are)	
Chapstick Classic Original.....	Recommended	Huggies Baby Wipes (assorted varieties)	
Chapstick Moisturizer.....	Recommended	Recommended
Citrus Magic Air Freshener	Recommended	Pampers Baby Wipes (assorted varieties)	
Crest 3D White Whitestrips 1 Hour Express		Recommended
.....	Recommended		

KITNIYOS

AND OTHER PRODUCTS CUSTOMARILY NOT EATEN ON PESACH

NOTE: Products bearing a STAR-K P on the label DO NOT contain Kitniyos or Kitniyos Shenishtanu (kitniyos that have been manufactured and transformed into a new product)

Anise⁴	Dextrose (possibly chometz)	NutraSweet¹
Ascorbic Acid^{1,3} (possibly chometz)	Emulsifiers³	Peanuts²
Aspartame¹	Fennel^{4,6}	Peas
Beans (including Green Beans, Edamame, etc.)	Fenugreek^{2,6}	Rice⁵
Bean Sprouts	Flavors³ (possibly chometz)	Seeds Caraway ² , Poppy, Sesame, Sunflower
BHA (in corn oil)	Glucose³ (possibly chometz)	Sodium Erythorbate¹
BHT (in corn oil)	Guar Gum³	Sodium Citrate¹ (possibly chometz)
Buckwheat (Kasha)	Hydrolyzed Vegetable Protein (possibly chometz)	Sorbitan¹
Calcium Ascorbate^{1,3} (possibly chometz)	Isolated Soy Protein	Sorbitol¹
Canola Oil (Rapeseed)	Isomerized Syrup	Soy Beans
Chickpeas	Lecithin	Stabilizers³
Citric Acid^{1,3} (possibly chometz)	Lentils	Starch (possibly chometz)
Confectioners' Sugar (possibly chometz, look for KFP symbol)	Maltodextrin¹ (possibly chometz)	String Beans
Coriander⁴	Millet	Tofu
Corn	MSG³ (possibly chometz)	Vegetable Oil³
Cumin⁴	Mustard Flour, Prepared Seeds	Vitamin C^{1,3} (possibly chometz)

1. Kitniyos Shenishtanu

2. Should be avoided on Pesach.

3. Unless bearing a reliable Passover Certification.

4. Only acceptable when the certifying agency has documented that all chometz issues have been resolved.

5. Those people who eat rice on Pesach should confirm their rice is Kosher L'Pesach and free of problematic additives. For more information see www.star-s.org.

6. The bulbs, root, and greens of these items are not kitniyos; it is only the seeds we avoid.

Nutritional Supplements & Infant Formula for Passover 2016

The OU has researched the following nutritional supplements and infant formulas and determined that they are respectively suitable for someone who is infirm (*choleh she'ain bo sakanah*) and for infants, when bearing the OU logo.*

Nutritional Supplements:

Arginaid
 Arginaid Extra
 Benecalorie
 Beneprotein
 Boost Glucose Control
 Boost High Protein
 Boost Nutritional Pudding
 Boost Plus
 Diabetishield
 Enlive
 Ensure Complete Nutrition Shake
 Ensure Healthy Mom Shake
 Ensure High Calcium Shake
 Ensure High Protein Shake
 Ensure HN
 Ensure Homemade Shake
 Ensure Plus
 Ensure Plus HN
 Ensure Plus Next Generation
 Ensure Shake
 Ensure TwoCal
 Fibersource HN
 Glucerna
 Glucerna 1.0
 ➤ Glucerna 1.2 & 1.5
are not recommended
 Jevity 1.0
 ➤ Jevity 1.2 & 1.5
are not recommended
 Liquid Diabetisource AC
 Liquid Fibersource HN
 Liquid Isosource
 Liquid Isosource HN with Fiber
 Nepro
 Nepro Vanilla
 Nepro with Carb Steady Flavored
 Novasource Renal
 Nutren (Product line)
 Nutrisource Benefiber
 Osmolite 1.0, 1.2 and 1.5
 Osmolite HN (unflavored)
 Perative
 Promote (except Promote with fiber)

➤ Promote with Fiber
is not recommended

Pulmocare
 Resource 2.0
 Resource Dairy Thick
 Resource Diabetic
 Resource Milk Shake Mix
 Resource Thicken Up
 Resource Thickened Juice
 Resource Shake Plus
 Simply Thick
 Thick & Easy (all)
 Thick-It
 Vivonex Pediatric
 Vivonex Plus
 Vivonex Ten

Pediatric Supplements

Boost Kid Essentials
 Boost Kid Essentials with Fiber
 D-Vi-Sol
 Enfamil 5% Glucose Water
 Fer-In-Sol Drops
 Poly-Vi-Sol Drops
 Tri-Vi-Sol Drops
 Resource Just for Kids with Fiber
 Pediaisure Peptide
 Pediaisure Vanilla Powder
 Pediaisure Shakes

Pediatric Electrolytes

Bright Beginnings
 Comforts for Baby
 Cottontails
 CVS Pharmacy
 Goodness
 H-E-B Baby
 Home 360 Baby
 Meijer
 Mom to Mom
 Naturalyte
 ShopRite
 Parent's Choice
 Top Care
 Walgreen's
 Western Family

Infant Formula

365 Everyday Value
 Ameribella
 America's Choice for Baby
 Babies R US
 Baby Basics
 Baby's Choice
 Baby's Only Organic
 Bear Essentials
 Belacta
 Belacta Premium
 BelactaSure
 Berkley & Jensen
 Bright Beginnings
 Cottontails
 CVS
 Daily Source
 Discount Drug Mart
 Earth's Best
 EnfaCare
 Enfalac
 Enfamil
 Enfapro
 Food Lion
 Full Circle
 Fulton Street Market
 Gerber Good Start
 Giant
 Giant Eagle Baby
 Hannaford
 H-E-B
 Heinz Nurture
 Home 360 Baby
 Hy-Vee
 Isomil
 Kirkland Signature
 Kuddles
 Laura Lynn
 Life Brand
 Little Ones
 Meijer Baby
 Member's Mark
 Mom to Mom
 Moo Moo Buckaroo
 Mother's Choice
 My Organic Baby

Nature's Place
Nestle Good Start
Next Step
NutraEnfant
O Organic Baby
Parent's Choice
Premier Value
President's Choice
Price Chopper

Publix
Rite Aid - Tugaboos
Shopko
Similac
Simply Right
Stop & Shop
Sunrise
Supervalu
Target

Tippy toes by TopCare
Top Care
Topco
Up & Up
Vermont Organics
Walgreens
Wegmans
Well Beginnings
Western Family

* Most of these products contain *kitnios*, and for some that is the primary ingredient. With the exception of the flavors used, any item which might be *chametz*-based is used in such small proportions that it is *batel b'shishim* (nullified). Where possible, it is preferred to (a) use a substitute which is certified for *Pesach*, and (b) use a liquid supplement instead of a powdered one.

2016 PET FOOD LIST

The following is a list of pet foods approved for Passover 2016 when produced in the U.S. Products with identical names from foreign countries may have different formulations, thus compromising their Passover status. Since formulas are subject to change, make sure to check all labels. There should be no *chometz* listed. A product listing both meat and dairy ingredients may not be used any time during the year. (See "Feeding Your Pet: Barking Up the Right Tree" at www.star-k.org for more information)

CATS

Before Grain (dry): Chicken, Salmon.

Blue Wilderness Grain Free (dry): Adult (Indoor, Weight Control, Duck, Salmon, Trout, Red Meat, Rabbit), Kitten (Chicken)

Evanger's: When bearing cRc Passover approval.

Friskies (canned): Classic Paté Classic Seafood Entrée, Classic Paté Salmon Dinner, Classic Paté Country Style Dinner, Classic Paté Chicken and Tuna Dinner, Classic Paté Mariners Catch

Merrick Grain Free (canned): 96% Real Chicken, 96% Real Duck, 96% Real Texas Beef.

Merrick Purrfect Bistro Grain-Free (dry): Adult (Healthy Weight, Real Salmon, Real Chicken), Healthy Senior

Merrick Purrfect Bistro Grain-Free (canned): Salmon Paté, Tuna Paté, Chicken Casserole, Chicken Divan

Prescription Diet: a/d, d/d except duck, g/d dry only, m/d canned only, r/d, s/d, t/d, zd.

Wellness Core Grain-Free (dry): Original, Kitten, Turkey & Turkey Meal & Duck, Indoor

Wellness Core Grain-Free (canned): Kitten Formula, Whitefish & Salmon & Herring, Indoor

DOGS

Alpo Chop House Originals (canned): Filet Mignon Flavor, Roasted Chicken Flavor, Roasted Chicken & T-bone, T-bone & Ribeye Steak Flavor, Top Sirloin Flavor

Blue Freedom Grain Free (dry): Adult (Lamb, Chicken), Puppy, Small Breed, Small Breed Puppy

Blue Freedom Grain Free (canned): Chicken Recipe (Small Breed, Puppies), Grillers (Hearty Beef, Hearty Lamb)

Blue Wilderness Grain Free (dry): Adult Chicken Recipe, Small Breed Adult Chicken Recipe, Adult Salmon Recipe, Adult Duck Recipe, Puppy Chicken Recipe, Senior Chicken Recipe, Healthy Weight Chicken Recipe

Blue Wilderness Grain Free (canned): Salmon & Chicken Grill, Turkey & Chicken Grill, Duck & Chicken Grill

Evangers: When bearing cRc Passover approval.

Hills Ideal Balance Grain Free (dry): Adult Natural Chicken & Potato, Adult Natural Salmon & Potato

Mighty Dog: (canned no gravy): Chicken Egg & Bacon Country Platter, Chicken & Smoked Bacon Combo, Hearty Beef Dinner, With Lamb and Rice.

Prescription Diet: a/d, d/d, g/d, h/d, j/d dry only, n/d, r/d, s/d, t/d, u/d.

Science Diet Grain Free (canned): Adult (Beef, Chicken & Vegetable Entrée)

Wellness Core Grain Free (dry): Original, Reduced Fat, Ocean, Small Breed.

Wellness Core Grain Free (canned): Puppy, Turkey & Chicken Liver & Turkey Liver, Salmon & Whitefish & Herring, Beef & Venison & Lamb.

Wellness Grain Free Ninety Five Percent (canned): Beef, Chicken, Lamb, Turkey

2016 PET FOOD LIST

FISH

Fish food and vacation blocks often contain *chometz*. Tetra Tropical Slow Release Gel Feeders (Tetra Weekend 5 days, and Tetra Vacation 14 days) are acceptable. Goldfish and Tropical fish can be given tubular worms, frozen brine shrimp, and freeze dried worms (if they do not contain fillers).

BIRDS

(Parrots, Parakeets, Cockatiels, Macaws)

STAR-K expresses appreciation to Dr. Aaron Weissberg for his help in preparing the following guidelines

- Millet and sorghum as main diet.
- Peanuts, sunflower seeds, and safflower seeds can be given.
- Larger birds such as parrots can eat pure alfalfa pellets (make sure it is pure alfalfa since it is common to add grains) or dry dog food (see above for list).
- Smaller birds can also have pure alfalfa pellets; crush before feeding.
- Can supplement with cottage cheese, rice cakes (birds like to eat these), small pieces of lean meat, *matza*, berries, eggs, canned baby fruits. All large food should be shredded before serving. These items should be given sparingly.
- For minerals, can have oyster shells (calcium) or mineral block.
- The greater the variety, the better.

HAMSTERS, GUINEA PIGS, GERBILS & RABBITS

- Best to feed pure alfalfa pellets. Make sure it is pure alfalfa since it is common to add grains. Dried alfalfa may also be given.
- Can supplement with mixture of cut up fruits and vegetables – carrots, broccoli, apples, melon, kale, parsley, oranges, celery, dry corn, sunflower seeds, cabbage. Can also give some *matza*. If not accustomed to these items, give sparingly.
- Guinea pigs especially will benefit from kale, parsley and oranges.
- Hamsters especially will benefit from apples.
- Guinea pigs need vitamin C added to diet.

Mixes sold in stores often contain *chometz*. It is advisable to mix together regular and *Pesach* food between one to two weeks prior to *Pesach* before switching completely to *Pesach* food. The ratio of regular and *Pesach* food should be changed slowly to get the animal used to the new diet. Check with your veterinarian before changing diet.